

## For patients who have been prescribed Rekovelle® by a doctor

This patient guide contains information about the Rekovelle pre-filled pen. Step-by-step instructions will guide you through the preparation and proper handling of the pen.

If you have any questions about using Rekovelle, ask your doctor or nurse.

**Before the first injection** your healthcare provider will instruct you on how to prepare and administer injections with the Rekovelle pre-filled pen.

**Read the package leaflet and instruction for use** included in the package, before you use the Rekovelle pre-filled pen for the first use and every time a new pen is taken into use.

### Important about storage/use

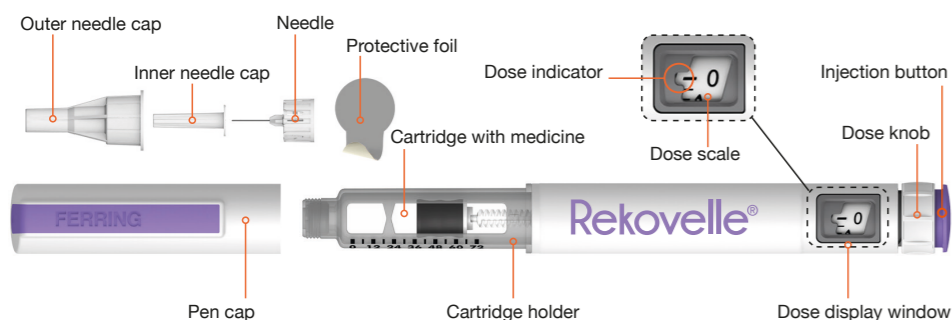
- Always store the pen with the pen cap on and without a needle attached.
- Do not use this medicine after the expiry date stated on the pre-filled pen label. The expiry date refers to the last day of that month.
- Do not store the pen in extreme temperatures (such as direct sunlight, in a parked car or in a freezer).
- Store the pen out of the reach of children and anyone who has not been trained to use the pen.
- Store in the original package in order to protect from light.
- **Before use – store the pen in a refrigerator at 2 °C to 8 °C, do not freeze.**
- If stored outside the refrigerator (at or below 25 °C), the pen will last up to 3 months including the in-use period. Throw away (dispose of) the pen if it has not been used within 3 months.
- **After first use, use within 28 days. Within the use period, the pen can be stored at or below 25 °C and should not be frozen.**

On [felleskatalogen.no](https://felleskatalogen.no) you can watch an instructional video on using **Rekovelle pre-filled pen**.



Rekovelle® solution for injection in a pre-filled pen

## Rekovellev<sup>®</sup> pre-filled pen



Rekovellev pre-filled pen is a disposable pen that can be used to give more than one dose of Rekovellev.

### The injection pen is available in three different volumes:

- 12 microgram/0.36 ml
- 36 microgram/1.08 ml
- 72 microgram/2.16 ml

The pen can be set to deliver doses from 0.33 micrograms to 20 micrograms of Rekovellev in marked increments of 0.33 micrograms.

The Rekovellev pen should only be used for the treatment it is prescribed for and as instructed by your healthcare professional.

**On the right you will find step-by-step instructions** on how to use Rekovellev pre-filled pen.

For further information, please read the package leaflet and the instruction for use supplied in each pack.

The package leaflet and the instruction for use can also be found at [www.felleskatalogen.no](http://www.felleskatalogen.no).

## Step-by-step instructions for using the Rekovellev<sup>®</sup> pre-filled pen

Wash your hands with soap and water before using the Rekovellev pen.

### 1) Attach the needle



Pull off the pen cap and remove the protective foil from the needle. Click on the needle so that it is securely attached. Always use a new needle for each injection.

### 3) Priming



Turn the dose knob clockwise until the droplet symbol lines up with the dose indicator. Hold the pen with the needle pointing upwards. Lightly tap the cartridge holder with your finger so that any air bubbles in the cartridge rise to the top.

### 2)



Pull off the outer needle cap. Do not throw it away, as it will be used again. Pull off the inner needle cap and throw it away.

### 4)



When the needle is pointing upwards, press the injection button as far as it will go until you see the number "0" lined up with the dose indicator. Check that a small drop forms at the tip of the needle. If a drop does not appear, repeat steps 3 and 4.

**The pen is now ready to use.**

### 5) Set the dose



Turn the dose knob clockwise until the prescribed dose appears next to the dose indicator in the dose display window. The dose can be increased or decreased without loss of drug.

### 7) Injecting the dose



Rekovellev should be given by injection under the skin (subcutaneously) in the stomach region. Use a new injection site for each injection to reduce the risk of skin reactions such as redness and irritation. Clean the injection site with an alcohol swab. Pinch the skin firmly and insert the needle straight into the skin as shown by your healthcare professional. Once the needle is inserted, place your thumb on the injection button. Push the injection button all the way in. **Wait for 5 seconds after the number "0" is lined up with the dose indicator.** This ensures you get the full dose. Release the injection button, then slowly remove the needle from the injection site by pulling it straight out of the skin.

### 6) Split dose

If you cannot select the full dose, it means that there is not enough medicine left in the pen. You will then need to give part of your prescribed dose using your current pen and the remainder of the dose using a new pen (split-dose injection).

**See the instruction for use for more detailed information on split-dose injection.**

### 8) Removing the needle



Carefully place the outer needle cap over the needle with firm pressure. Unscrew the needle in the counter-clockwise direction to remove the needle from the injection pen. Carefully discard the used needle.

Always remove the needle after each use. The needles are for single-use only.

**Place the pen cap on the pen to protect it between injections.**